



2021

Alekoretame ya Tlameloya Bophelo ya Theo



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DIKOTSI

Netefatsa gore lefelo le bolokegile. Dirisa di-PPE tse di maleba

HELLO

Ga go na tsibogelo
Ga go na khemo kgotsa teko ya khemo fela?
Mosito wa pelo?

NA LE MOSITO WA PELO MME GO SE NA KHEMO E NONOFILENG

Fana ka dikhemo tsa phaloso

- Mogolo: khemo metsotswaneng mengwe le mengwe e le 6
- Ngwana: khemo metsotswaneng mengwe le mengwe e le 3
- Ngwanyana: khemo metsotswaneng mengwe le mengwe e le 2
- Atlhola seswa ka go tswelela

NA LE MOSITO WA PELO LE GO HEMA

- Baya mo maemong a pholo
- Tlhomamisa khemo e e tswelelang
- Atlhola seswa ka go tswelela

THUSO

Letsetsa go bona thuso le go bona AED/Defibrillator

Nomoro ya Tshoganyetso:

Mosito wa pelo e se teng kgotsa o sa itse
Mosito wa pelo <60/motsotso mo baneng le banyaneng

SIMOLOLA KA DIGATELLO TSA SEHUBA

Gatella sehuba gantsi ka pele (e ka nna gabedi ka motsotswana)
Gatella thata / Tlhomamisa gore sehuba se boa gotlhelele / Se nne le dikgaodiso

DIKHEMO

Leka dikhemo di le 2 mme khemo e le nngwe ka motsotswana (Ka O2 fa e le teng) morago ga go gatelela ga 30 ga nngwe le nngwe
Kabo ya Bagolo 30:2 | Bana/Banyana 30:2 (2-phaloso 15:2) Tselela go fithelela AED/Defibrillator e goroga

Fa o sa kgone go / kgotsa o sa batle go dira dikhemo, tswelela go dira dikgatello tsa sehuba go fithelela didiriswa di goroga.

Tshwaragantsha AED/Defibrillator ka potlako

SEKASE KA MORIBO

Šoko e a Gakololwa (VF/VT)

Ga go gakololwe šoko epe (PEA/Asystole(Pulseless electrical activity / Asystole(Flatline))

Fa Šoko e le 1 ya "Monophasic" – 360J
"Biphasic" – 120 – 360J Bana – 4J/kg
Maatla a AED – mothaiso wa feketori

- Fa dtshupo tsa bophelo di le teng. Tlhoma leitlho mme naya tlhokomelo ya morago ga ROSC
- Fa bophelo bo se teng - tswelela ka CPR

Ka potlako simolola gape CPR ka go simolola ka digetelelo. Tswelela metsotso e mebedi kgotsa go fithelela AED e boeletsang go atlhola

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